



**CEDAR FALLS RECREATION BASKETBALL LEAGUE**  
**CALL-YOUR-OWN DIVISION**  
**RULES FOR 5 on 5 UNOFFICIATED GAMES**

rev. 10/21

Top teams in each division earn awards according to in Division Standings. Ties will be broken first by head to head competition and secondly by point margin amongst tied teams. Due to lack of space and no child care facilities, for their own safety and that of program participants, No children under the age of 10 will be allowed in program facilities. In the event of questionable weather please call the **Cedar Falls Recreation INFO-Line at 319-243-2718**. All players must wear shirts or jerseys in similar team colors. Game time is forfeit time. No Dunking. Players damaging rim or backboard assumes all repair costs. Please park in designated areas only.

This is an un-officiated league which means there is a responsibility placed on players to call their own fouls and violations. This goes both ways. If you foul a player while you're playing defense, you should call your own foul as much as you would if you are on offense and someone fouls you.

**I. MANAGEMENT**

- a. Sponsored by the Cedar Falls Recreation Division
- b. League Coordinator; Brock Goos, Sports Supervisor, 110 east 13th St. Ph. 319-273-8636

**II. ELIGIBILITY**

- a. All players must be at least 18 year of age by the start of the season.
- b. A completed roster sheet must be presented to the site supervisor prior to the first league game.
- c. Players may participate with only one Cedar Falls Recreation Division team.
- d. Players may be added to the roster prior to the start of the game by notifying the site supervisor.
- e. Use of illegal players will result in automatic forfeiture of the games in which they participate. Managers may check a player's eligibility with the site supervisor and follow the protest procedure. The game shall continue under protest.
- f. A player listed on more than one roster shall become an official member of the team in which he first plays.

**III. PLAYING RULES**

1. Standard Iowa High School Rules apply with the following exceptions
2. Home team (listed first on Schedule) gets the ball to start the game visitors at the Half
3. Games consist of two 20 minute running clock halves. Five minute half-time. Clock stops only for time-outs.
4. All Halves begin and end on the time clock horn.
5. Fouls may be called by either team. Only players who foul or are fouled may call a foul.
6. To avoid players being intentionally fouled to prevent baskets or in an attempt to run out the clock. When offensive team is fouled while they are tied or down by 3 or less in the last 10 seconds. 10 additional seconds will be added to the clock with each such violation.
7. All Tie Ups go to the Defense
8. Ball must be checked at the top of the key on violations.
9. **Games ending in a Tie** will have 2-minute overtime- home team get the ball first. If still tied after 2 minute overtime- Each team will select 5 eligible players to shoot free throws. Visiting team shoots first, each player shoots a single free throw if one team makes more free throws than the other team it is declared the winner if not game is ruled a tie.
10. The Recreation Division supplies a time/scorekeeper. The timekeeper does not settle disputes.
11. Teams will supply their own warm-up basketballs.

**IV. SPORTSMANSHIP**

- a. Managers are responsible for the conduct of their team. Please recruit players that can remain within our sportsmanship guidelines.
- b. Smoking and alcoholic beverages are not allowed in any building used for the basketball league. Any player or spectator under the influence of alcohol or illegal drug will be asked to leave the facility.
- c. Shooting or bouncing balls along the sideline is not permitted while a game is in play.
- d. Due to lack of space and childcare facilities, for their own safety and that of participants, children under the age of ten are not allowed in league facilities.

DISCLAIMER: Participants, family, and spectators engaging in team sports and activities related to team sports do so with knowledge of the risk and potential exposure involved and agree to accept any and all inherent risks to their personal health.



## DO NOT ATTEND IF:

- You have been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days
- You are experiencing any of the following symptoms:
  - Fever ( $\geq 100.4$ ) or chills
  - Cough
  - Shortness of breath
  - Fatigue
  - Muscle or body aches
  - Headache
  - Loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

